



### Tactical Development – Offensive PYSA Players Should Be Able To . . . . . .

u-10	u-12	u-14	u-16	u-18
<ul> <li>Understand the role of the first attacker (Must try and achieve penetration through passing, dribbling, or shooting).</li> <li>Play away from pressure when you receive a ball - and move it at a new angle.</li> </ul>	<ul> <li>Understand the role of the second attacker (Player in immediate support of the ball).</li> <li>Get free of markers: "checking off" and creating space for yourself.</li> <li>COMBINATIONS: Overlap, wall pass and takeover. Beginning to build up options for the two attackers in a two versus one situation.</li> <li>Understand when the receiver is standing or running toward the passer the ball should be played to his/her foot.</li> <li>Understand when the receiver is running laterally the ball should be played into space</li> </ul>	<ul> <li>COMBINATIONS:         Mastery of the:         Overlap, wall pass,         takeover, and double         pass.</li> <li>Understand the role         third attacker         (Stretches the defense         and disturbs its'         balance)</li> <li>Have a secure tactical         sense about shooting:         generally to the far         post as opposed to the         near post, low rather         than high, etc.</li> <li>Use deception when         passing, receiving,         and dribbling.</li> <li>Limit touches to         improve speed of         play.</li> </ul>	<ul> <li>Organize runs in the box (Near post, Slot, Far Post).</li> <li>Understand the importance of capturing the end line and slotting the ball back across the face of the goal.</li> <li>Use deception in their game and play quickly.</li> <li>Make consistently intelligent first touches upon receiving.</li> </ul>	Master the use of deception and quick play.





### Tactical Development – Defensive PYSA Players Should Be Able To . . . . .

u-10	u-12	u-14	u-16	u-18
Have an aggressive attitude about individual defending: "Press the ball when you lose it! Really hassle the ball possessor!"  Understand the role of first defender (pressure).  Position themselves goal side of attackers when they lose the ball: cutting off the path to the goal.  Marking opponents tightly.	<ul> <li>Understand the role of the second defender (cover).</li> <li>Understand the idea of "channeling" the first attacker to your defensive cover.</li> <li>Differentiate the roles of outside defenders and central defenders.</li> </ul>	<ul> <li>Understand the role of the third defender (balance)</li> <li>Understand the difference between man marking and zonal defending.</li> </ul>	Fully understand defensive pressure, cover and balance.  Effectively communicate and organize defensively in all thirds of the field.	Master defensive communication and organization.





### Tactical Development – Team PYSA Players Should Be Able To . . . . . .

u-10	u-12	u-14	u-16	u-18
<ul> <li>★ Spread out and make the field big when in possession of the ball. When your team does not have the ball, getting together a little, trying to protect the middle of the field and the space in front of your goal.</li> <li>★ Look up and around and away from the ball, on both attack and defense. No "ball watching".</li> <li>★ Have numerous 1 v 1 confrontations to perfect timing in attack and defense.</li> </ul>	<ul> <li>Have numerous 2 v 2 and 2 v 1 confrontations to perfect timing in attack and defense.</li> <li>Understand the elemental idea of support: helping the player with the ball. "Form a pair" with the player on the ball; other players should stay away and make the field big.</li> <li>Switch the direction of play or the point of attack.</li> <li>Be aware of the different "climates" in the three thirds of the field: attack, midfield and defense.</li> </ul>	Make good choices about trying to penetrate or protect the ball, based on whether or not there is pressure when you receive the ball (Possession vs. Penetration).  Develop good verbal and non-verbal communication.	<ul> <li>Be aware of the situation during a game and the possible adjustments: ahead, behind, time remaining, field conditions, etc.</li> <li>Master the concept of stretching the field vertically and horizontally (width and depth) when in possession of the ball, and being as compact as possible in defense.</li> <li>Be exposed to various systems: 4-3-3, 4-4-2, 3-4-3, etc.</li> </ul>	<ul> <li>Make adjustments to the opponents style of play to be more successful.</li> <li>Understand different styles of play: Direct play, possession attack, slow build-up, flank play, counterattacking organization, etc.</li> <li>Understand the roles of the reserves vs. roles of the starters</li> </ul>





Tactical Development – Team Continued PYSA Players Should Be Able To . . . . .

u-10	u-12	u-14	u-16	u-18
Understand the concept of the "three main moments of soccer": When your team has the ball (offense), when your team doesn't have the ball (defense), and the moment when your team gains or looses possession (transition).	<ul> <li>Able to use the vocabulary of soccer (square, time, turn, etc.)</li> <li>Begin to understand the idea of team shape.</li> <li>Understand the roles of the different players on the field.</li> <li>Forwards</li> <li>Midfielders</li> <li>Defenders</li> <li>Goalkeeper</li> </ul>			